## **ASH GROVE NEWS**

### Week Ending 03.10.2025

#### What's On?

Parents Evening	Mon 6 <sup>th</sup> Oct & Wed 8 <sup>th</sup> Oct
Year 3/4MC Inspire Session	Wed 8 <sup>th</sup> Oct 2:15pm - 3:15pm
Ash Grove Tots	Wed 8 <sup>th</sup> Oct 9:15am - 10am
EYFS Transition Afternoons	Throughout Autumn 1 term - Friday Afternoons
Active Families Day	Fri 10 <sup>th</sup> Oct (More info below)
Year 4E Inspire Session	Wed 15 <sup>th</sup> Oct 2:15pm - 3:15pm
Year 5 Residential Trip - Dobroyd Castle (Robinwood)	Wed 15 <sup>th</sup> Oct - Fri 17 <sup>th</sup> Oct

#### STAR OF THE WEEK

Nursery - Phoebe H Reception - Eden C

1A - CJ G

1/2W - Vincent T

2B - Lennon H-W

3D - Theo D-P

3/4MC - Jaden M

4E - Enzo W

5J - Alby W

6W - Rohan J

ATTENDANCE (TARCET 97%))

**Whole School** 

94.2%

Compulsory School Age Attendance

94.79%

**Winning Class** 

98.25% - 2B

Classes 97% above

2

Students above 97%

208

#### **Parents Evening**

Parents Evenings will take place on Monday, 6th October & Wednesday, 8th October. Please ensure you sign up via Class Dojo to meet your child's teacher. The teachers will be sharing key information about your child's first few weeks in their new year group and discussing how the home-school collaboration can further support your child with their learning.

#### **Active Families - Rainbow Run**

A reminder that our next Active Families session will be held on Friday, 10th October. We have chosen to hold a Rainbow Run and we ask that children come to school in their PE bottoms with a bright, colourful top. Parents are also invited to attend in bright coloured clothing. The more sparkle the better! Parents will need to collect their children from their classroom doors at 2:30pm before making their way to the field for the event. Throughout the event, we will also be fundraising for the Candlelighters charity and to help fund a Rainbow Garden in school, in remembrance of Rosie. We will have fundraising buckets on the playground and donations can also be made via the school office. Thank you for your support with this event and we look forward to seeing lots of you there, as we celebrate Rosie's life together.









#### **Pupil of the Week**

We loved welcoming parents/carers into our assembly today to celebrate the wonderful achievements of our Pupil of the Week. These children have been chosen for a variety of excellent reasons and we are extremely proud of them all.

#### **World Mental Health Day**

On Friday, 10th October, we will mark World Mental Health Day and show our support for young people's mental health. We're encouraging all children to come into school wearing a bright top, which also coincides with our Rainbow Run on the same day. This small but powerful gesture reminds young people that they are not alone with their mental health and helps people to talk about it. Throughout the morning, children will take part in mindfulness sessions to support wellbeing, class discussions about mental health and how to support each other and a kindness challenge.

#### **Harvest Festival**

Thank you to all of the parents/carers who donated food items to our Harvest Festival this week. The children performed incredibly well in our Harvest Assembly and our Head Boy & Head Girl will soon be helping to deliver the food items to a local food bank.





# PACKED LUNCHES AT ASH GROVE



Our aim is to ensure all packed lunches brought into school are packed safely, are healthy, (based on the national standards set for school lunches) and consumed around a positive dining experience.

#### **ENERGY FOOD**



Choose wholegrain varieties like bread, pasta, couscous, rice, chapattis and wraps.

#### PROTEIN FOOD



Choose protein varieties like meat, fish, dairy, eggs, lentils and beans.

#### DAIRY FOOD



Choose dairy varieties such as cheese, yoghurt or calciumenriched plant-based dairy alternatives.

#### **FRUIT**



Choose at least one portion of fruit per day such as apples, bananas, berries, melons, pineapples and plums.

#### **VEGETABLES**



Choose at least one portion of vegetables per day such as carrots, cucumbers, peppers and salad.

#### WATER



Please send your child to school with a filled water bottle. We ask that you don't send juice or fizzy drinks. Water will be provided at lunch times.

#### OCCASSIONALLY



Approximately once a week, you may include a cake, a biscuit or a meat-based food item such as sausage roll.

#### DO NOT INCLUDE



Confectionary like sweets, chocolate bars, snacks high in salt or any form of nuts.

#### HAND WASHING



All children will wash hands thoroughly before eating their lunch.





